

Respiratory Protection Program, OSHA Mandatory Medical Questionnaire

1. Today's date: ___/___/___

2. Name (last, first, MI)	3. Age (to nearest year)	4. Sex	5. Height _____ ft _____ in
6. Weight _____ Lbs.	7. Job title	8. Phone number where you can be reached by the health care professional who will review this questionnaire (include area code)	9. Best time to phone you at this number:
10. Has your employer told you how to contact the health care provider who will review this questionnaire? _____ yes _____ no	11. Type(s) of respirator you will use (mark all that apply): a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only) b. _____ other type (for example, half- or full-facepiece type, powered-air purifying, supplied air, self contained breathing apparatus)		12. Have you worn a respirator? _____ yes _____ no If yes, what type(s)

Medical History	YES	NO
Questions 1 through 9 below must be answered by every Employee who has been selected to use any type respirator. Please mark "X" yes or no for each.		
1. Do you currently smoke tobacco, or have you smoked tobacco during the past month?		
2. Have you ever had any of the following conditions?		
a. seizures (fits, convulsions, epilepsy)		
b. diabetes (high blood sugar disease)		
c. allergic reactions that interfere with your breathing		
d. claustrophobia (fear of closed-in places)		
e. trouble smelling odors		
f. latex (rubber) allergy		
3. Have you ever had any of the following pulmonary (lung) conditions?		
a. asbestosis		
b. asthma		
c. chronic bronchitis		
d. emphysema		
e. pneumonia		
f. tuberculosis		
g. silicosis		
h. beryllium disease		
i. sarcoidosis		
j. pneumothorax (collapsed lung)		
k. lung cancer		
l. broken ribs		
m. any chest injury or surgeries		
n. any other lung problem that you've told about		
4. Do you currently have any of the following symptoms of pulmonary or lung disease?		
a. shortness of breath		
b. shortness of breath when walking fast on level ground or walking normal speed up a slight hill or incline		
c. shortness of breath when walking with other people at an ordinary pace on level ground		
d. have to stop for breath when walking at your own pace on level ground		
e. shortness of breath when washing or dressing yourself		
f. shortness of breath that interferes with your job		

Medical History continued	YES	NO
g. coughing that produces phlegm (thick sputum)		
h. coughing that wakes you up early in the morning		
i. coughing that occurs mostly when you are lying down		
j. coughing up blood in the last month		
k. wheezing		
l. wheezing that interferes with your job		
m. chest pain when you breathe deeply		
n. any other symptoms that you think may be related to lung problems		
5. Have you ever had any of the following cardiovascular (heart) problems?		
a. heart attack		
b. stroke		
c. angina (heart pain)		
d. heart failure		
e. swelling in you legs or feet (not caused by walking)		
f. heart arrhythmia (irregular heart beat)		
g. high blood pressure		
h. abnormal stress test -- approximate date:		
i. cardiac (heart) catheterization -- approximate date:		
j. any other heart problem about which you have been told		
6. Have you ever had any of the following cardiovascular (heart) symptoms?		
a. frequent pain or tightness in your chest		
b. pain or tightness in your chest during physical activity		
c. pain or tightness in your chest that interferes with your job		
d. in the past two years, have you noticed your heart skipping or missing a beat		
e. heartburn or indigestion that is not related to eating		
f. any other symptoms that you think may be related to heart or circulation problems		
7. Do you currently take any medication for any of the following problems?		
a. breathing		
b. heart trouble		
c. blood pressure		
d. seizures (fits, convulsions, epilepsy)		
Continued on page 2.		

Respiratory Protection Program, OSHA Mandatory Medical Questionnaire

Medical History continued	YES	NO
Have you ever used a respirator? (If NO, skip to question 9.)		
8. If you have used a respirator, have you ever had any of the following problems?		
a. eye irritation		
b. skin allergies or rashes		
c. anxiety (caused by wearing respirator)		
d. general weakness or fatigue		
e. any other problem that interferes with your use of a respirator		
9. Would you like to talk to the healthcare professional who will review this questionnaire about your answers?		
<i>Answer questions 10 through 15 below only if you use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA)</i>		
10. Have you ever lost vision in either eye (temporarily or permanently)?		
11. Do you currently have any of the following vision problems?		
a. wear contact lenses		
b. wear glasses		
c. color blind		
d. any other eye or vision problems		
12. Have you ever had an injury to your ears, including a broken ear drum?		
13. Do you currently have any of the following hearing problems?		
a. difficulty hearing		
b. wear a hearing aid		
c. any other hearing or ear problem		
14. Have you ever had a back injury?		
15. Do you currently have any of the following musculoskeletal problems?		
a. weakness in your arms, legs, hands, or feet		
b. back pain		
c. pain or stiffness when you lean forward or backward at the waist		
d. difficulty fully moving your arms and legs		
e. difficulty moving your head up or down		
f. difficulty moving your head side-to-side		
g. difficulty bending at your knees		
h. difficulty squatting to the ground		
i. difficulty climbing a flight of stairs or a ladder carrying more than 25 pounds		
j. any other muscle or skeletal problem that interferes with using a respirator		
16. Any other health condition that you think may affect your ability to use a respirator safely? If YES, please specify condition:		
Signature of worker:		

Medical Clinic Use Only:	YES	NO
Medically fit to wear respirator <small>*Any positive responses to questions 1-8 of the Medical History portion or physician's recommendation require a follow-up medical examination.</small>		
Referred for further evaluation If, YES, specify condition or concern:		
Reviewed by: _____		
Date: ____/____/____		
Examiner's comments on positive responses:		
Targeted physical exam performed upon physician's recommendation		
BP: ____/____ Pulse: _____ Reg / Irreg	Normal	Abn
HEENT		
Neck – incl. carotid upstrokes and JVD		
Lungs		
Heart		
Extremities – incl. peripheral pulses and edema		
Other – specify:		
Medically fit to wear respirator?		
	Yes	No